

March & April 2019: “Sparking Joy: Divesting ourselves of negativity”



“This is the day God has made! Let us REJOICE and be GLAD in it!” Psalm 118:24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
10 Sundays are for calm thanks giving	11 Sort one junk drawer	12 Go through your movie collection	13 Wednesdays are for catching up	14 Clean out your shower	15 Clear the dining room or kitchen table	16 Saturdays are for celebrating progress
17 Calm thanks giving	18 Purge your medicine cabinet	19 Sort games/puzzles	20 Catch up	21 Sort boots or winter shoes	22 Clean your wallet	23 Celebrate
24 Calm thanks giving	25 Sort your mail (physical or digital)	26 Clean out your purse	27 Catch up	28 Clean your fridge	29 Clear off your kitchen counters	30 Celebrate
31 Calm thanks giving	1 Purge the cupboard under the sink	2 Tidy a desk drawer	3 Catch up	4 Clean a kitchen cupboard	5 Clean the inside of your car	6 Celebrate
7 Calm thanks giving	8 Sort summer shoes	9 Sort and dust a knick-knack shelf	10 Catch up	11 Sort a book shelf	12 Tidy toys	13 Celebrate
14 Calm thanks giving	15 Organize the linen closet	16 Clean another kitchen cupboard	17 Catch up	18 Cast off winter clothes you didn't wear this year	19 Sort your freezer	20 Celebrate
21 EASTER!	Here is a de-clutter challenge. Reusable items can be donated to the May 11 th BUC Yard Sale!					

